



KAMAKHYA PEMTON COLLEGE, HIYANGTHANG, IMPHAL WEST, MANIPUR, PIN- 795009

National Service Scheme (NSS) Cell

ANNUAL REPORT- 2022-23

(w.e.f. 1st June, 2022)

Not Me': 'But You'

Programme Officer(s):-

Unit-I Dr. Chakpram Bijaya Devi Chakpson Bajaya Chanu
Unit-II Dr. Kamson Romina Rongmei Dr. Kamson Romina Rongmei
Unit-III Laishram Priyobati Devi C. Priyobati Devi

Programme Officer NSS Unit-I R.P.College, Hiyangthang

Programme Officer NSS Unit-II K.P. College, Hiyangthang Laishram Priyobati Devi Programme Officer Kemakhya Pemton Collge, Hiyangthang NSS UNIT III



The National Service Scheme was started to establish a meaningful linkage between the College campus and the community at large. Mahatma Gandhi, the Father of the Nation, had recognized that the country could not progress in a desired direction until the students and youths are motivated to work for the upliftment of the village(s)/community(s) which in return will help strengthen the Indian society. To Mahatama Gandhi the villages, where majority of the population lived, represent the country i.e. India. Therefore, for the national reconstruction and national resurgence it was deemed fit that the students and teachers should be properly sensitized and utilized for strengthening the Indian society as a whole with particular emphasis on rural community. Therefore, **students**, **teachers** and **the community** are considered the three basic components of the National Service Scheme.

The objective of the NSS is the "development of the personality of students through community service." Keeping these tenets in mind, some of the important Thrust Areas NSS Units of the Kamakhya Pemton College, Hiyangthang are listed under the following heads:-

- Gender Issues
- · Fitness and lifestyle
- Tobacco and Mouth Cancer
- Substance Abuses
- · Sports and Cultural Activities
- Blood Donation Camp
- Yoga Day Celebration
- HIV/AIDS & Adolescent Issues
- National Integration & Social Harmony
- · Employment & Livelihood
- Disaster Management
- Environment Enrichment programs
- Unsung Heroes of India's freedom struggle- Azadi ka Amrit Mahotsav

With these ideals and key concepts in mind the following programmes and events was planned and conducted by the NSS Unit-I, II and III of Kamakhya Pemton College, Hiyangthang, 795009.

NSS UNIT

Sl. No.	Date	Programme	Place	
1.	05.06.2022	World Environment Day Theme: Only one Earth	College Campus and adjoining Hiyangthang Mamang Leikai	
2.	18.06.2022	International Yoga Day Theme: Yoga for humanity	Ereima Indoor Stadium, K.P. College	
3.	01.07.2022	Blood Donation Camp: Organized by E- Company, 16 th Assam Riffles Theme: Donate Blood, Save Lives	POB, Canchipur, HQ 16 th Assam Riffles	
4.	01.08.2022 To 15.08.2022	Azadi ka Amrit Mahotsav 76th Independence Day	1st Manipur Riffles Parade Ground, Sanakhwa Yaima Kollup	
		Slogan Competition	South Block, KP College	
8		Haar Ghar Tiranga Campaign	Hapta Kangjeibung, Imphal	
5.	13.08.2022	Patriots' Day Celebration	Mini Seminar Hall, KP	
6.	15.08.2022	Independence Day: Flag Hoisting	Annex Building, Administrative Block	

7. 24.09.2022		NSS Day MYANGTHAS	Mini Seminar Hall, KP College, Hiyangthang	
8.	6 th August, 2022	Van Mahotsav / Mass Tree Plantation	Heibok Ching, Hiyangthang	
9.		Sanitation Campaigns	College Campus and Adjoining Areas	
10.	12 th August, 2022	Nasha Mukt Bharat Abhiyan	Mini Seminar Hall, Kamakhya Pemton College	
11.	17 th -23 rd December, 2022	NSS Special Camping Programme, 2021-22 Theme: Youth for Nation	Kabui Khul, Hiyangthang Kamakhya Pemton College	
12.	August, 2023	132 nd Patriots' Day Observation	Mini Seminar Hall	
13.	August, 2023	Independence Day Observation	Central Annex Area, Kamakhya Pemton College	
14.	25 th to 31 st July, 2023	National Integration Camp Special Award: Curie Koijam, B.A 2 nd SEM, Department of Manipuri, NSS-I Volunteer	Khrukshetra University, Khrukshetra	
15.	30 th September, 2023	One Day Cleanliness Drive (Swachhata hi Seva Pakhwada)	Hiyangthang Lairembi Temple Complex and its vicinity, College Campus	
16.	1 st December, 2023	World AIDS Day Theme: Let Communities lead	Mini Seminar Hall, Kamakhya Pemton College	
17.	08 th December, 2023	Cleaning of Water Bodies in and around Campus	Water Reservoir, Hiyangthang South End Pond	

PEMTON CO

NSS UNIT I

World Environment Day 05/06/2022 Theme: - Only One Earth

World Environment Day 2022 is the biggest international day for the environment. Led by the United Nations Environment Programme (UNEP), and held annually since 1973, it has grown to be the largest global platform for environmental outreach. It is celebrated by millions of people across the world. World Environment Day 2022 is hosted by Sweden. "Only One Earth" is the campaign slogan, with the focus on "Living Sustainably in Harmony with Nature".



This year's campaign is celebrated under the theme #OnlyOneEarth with the focus on living sustainably in harmony with nature. Speaking on this special occasion, Dr. Chakpram Bijaya Chanu, Programme Officer- NSS- Unit I Kamakhya Pemton College highlights the need to reset the balance with nature through transformative changes. Millions of people around the world are displaced and moving in the context of disasters and the adverse effects of climate change. Disasters have now become a leading cause of forced displacement globally. Dr Hawaibam Romharsha, Assistant Professor, Department of Zoology on climate change and world stated in 2021, from the total of 38 million internal displacements registered in 2021, 23.7 million around the world were displaced by disasters (according to IDMC GRID 2022), thus, IOM calls on all governments and parties to adopt the Intergovernmental Panel on Climate Change 's (IPCC) vision to move from climate risk to climate resilient development in order to address the adverse impacts of climate change.

NSS team organized competitions for village students and children aimed at creating awareness about cleanliness. These engaging activities provided a platform for students to actively learn and participate in discussions about maintaining a clean environment. The competitions encouraged students to showcase their creative talents while instilling the importance of cleanliness practices in their daily lives. Through this initiative, Kamakhya Pemton College NSS sought to cultivate a sense of responsibility and pride in keeping their surroundings clean. By involving village students, children the campaign aimed to create a ripple effect of positive behaviors and attitudes towards cleanliness within the community.

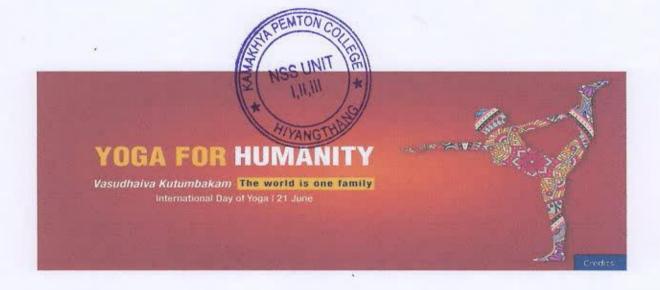


INTERNATIONAL YOGA DAY – 18/06/2022

The theme for International Day of Yoga 2022 is "Yoga for humanity". Yoga is universal — it can be practiced anywhere, at any time, and by anyone irrespective of age, gender, culture or nationality. Yoga is a powerful tool for individuals, communities and countries to improve both mental and physical health. Yoga has been shown to have immediate psychological benefits, decreasing anxiety and stress, and increasing feelings of emotional and social well-being. It helps prevent and control non communicable diseases (NCDs) — cardiovascular diseases, cancer, chronic respiratory diseases and diabetes, among others — that are a rising cause of disability and premature death.

Yoga has helped hundreds of millions of people across the world stay healthy during the COVID-19 pandemic. This is consistent with the WHO principle that states, "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity"

Making yoga a part of our daily activities can help countries around the world achieve the NCD target of 15% relative reduction in physical inactivity by 2030. In India, health and frontline workers at *Ayushman Bharat*-Health and Wellness Centres encourage the community they serve to adopt yoga to promote health, prevent and manage diseases — including NCDs — and accelerate recovery from ill-health and injuries. On the International Day of Yoga, let's all celebrate the physical and mental health benefits of yoga and highlight its contributions to lifelong health and well-being for all



Invitation



KAMAKYA PAMTON COLLEGE HIYANGTHANG

strately insite you to the Augs

International
YOGA DAY Celebration

to be held on

21st June 212022

Leibaklei Memorial Hall (6:00 AM)

in the august presence of

Dr. Matvika Chirom

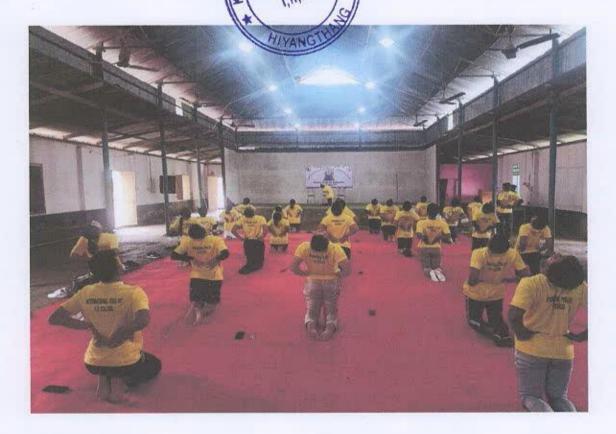
Bachelor of Naturopathy and yogic Sciences (BNYS)

Dr. Robert Sorokhalbam Bachelor of Naturopathy and yogic Sciences (BNYS)

Dr. W. Nimai Singh PRINCIPAL Kamakhya Pamton Cosege

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 BLOOD DONATION CAMP AT POB CANCHIPUR ON 1ST JULY 2022 COB-LILONG ORGANIZED BY E-COMPANY MILITARY ASSAM RIFFLE

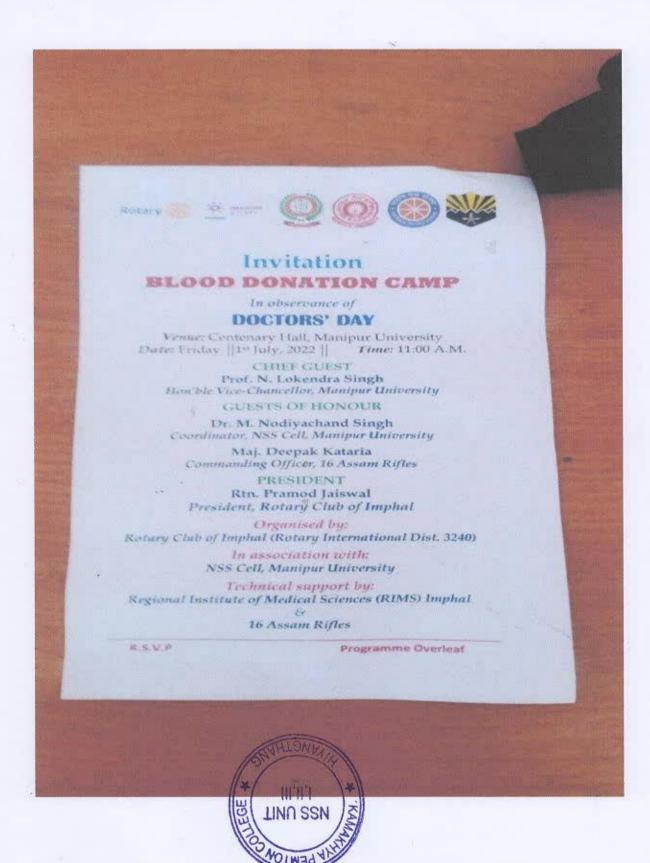


PARTICIPANTS OF KAMAKHYA PEMTON COLLEGE HIYANGTHANG NSS GROUP









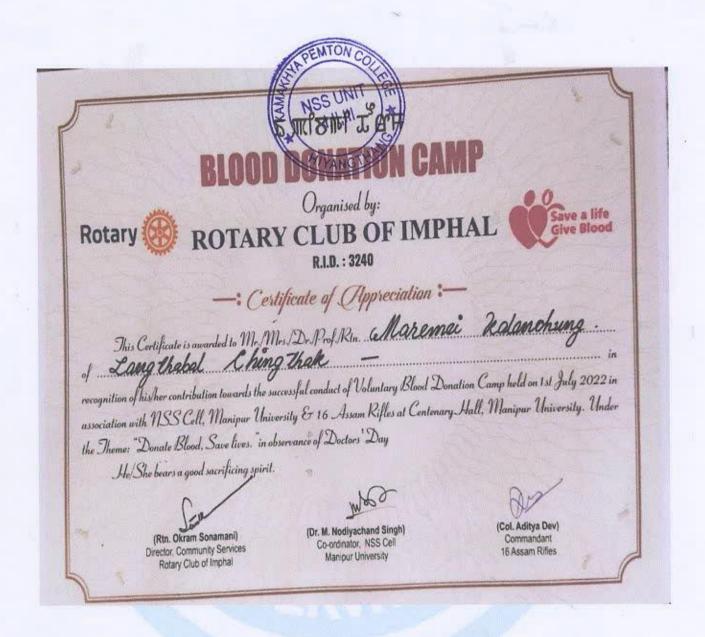


PROGRAMME

1100 A.M. Onwards

MOC Rin W. Kened Kumar

- Arrival of Dignitaries and Invitees
- . Dignitaries take the chairs
- · Felicitation of the Dignitaries
- Lighting of Blood Donation Camp
- Welcome Address
 - Rtn. Dr. M. Chourjit Singh
- · Speech by Guests of Honour
 - Dr. M. Nodiyachand Singh Coordinator, NSS Cell, MU
 - Maj. Deepak Kataria Commanding Officer, 16 Assam Rifles
- · Speech by the Chief Guest
 - Prof. N. Lokendra Singh
 Vice Chancellor, Manipur University
- · Presidential Speech
 - Rtn. Pramod Jaiswal
 President, R.C. Imphal
- · Vote of Thanks
 - Rtn. Okram Sonamani
 Director. Community Service, RCI
- Light Refreshment



Blood Donation Camp was organized by Rotary Club of India, R.I.D.: 3240 in association with NSS Cell, Manipur University and 16th Assam Riffles at the Centenary Hall, Manipur University with the theme: *Donate Blood, Save Lives* in Observance of Doctor's Day on 1st July 2022. Regular Blood donation is linked to lowering risk for heart attacks, with this welfare measures in mind the NSS Units Volunteers of Kamakhya Pemton College, Hiyangthang participated the Blood Donation Camp as it will ensure safety and motivate young students a permanent

well- indexed record of voluntarism and co-existence in society with the notion Giving equals living.

· Patriots' Day Celebration 2022 :-

On the 13th of August, 2022 the NSS Units of Kamakhya Pemton College, Hiyangthang began with a series of productive activities aimed at understanding history of Manipur and unsung heroes of Manipur history.



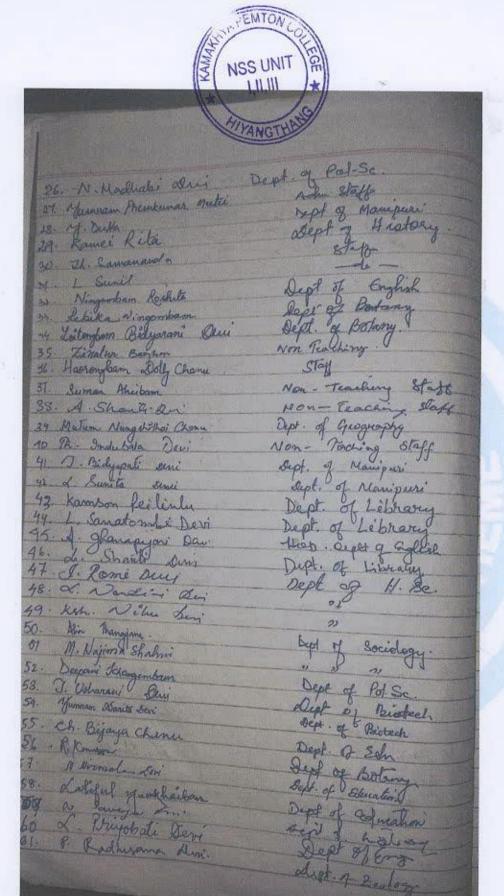


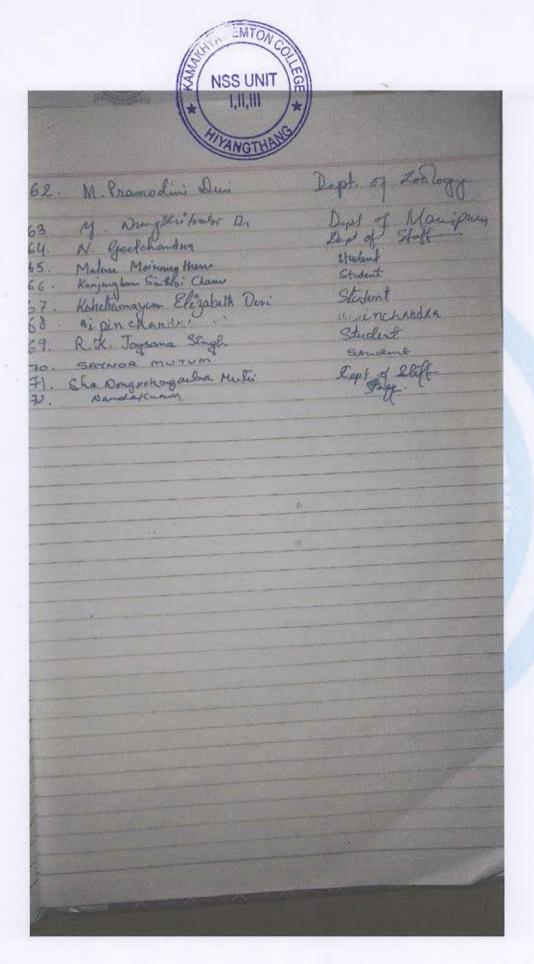


AC PCS notice Ref. No. 04/4/2020-21/KPC/18AC/67.

Kamaklya Penten College, Higangthany organised
131st Patriots Day Calaboration on Saturday, the
13th August 2022 at 9.00 am in Mini Somina
Hall of the college. The following Students
and Faculty members we presented at
the celebration.

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• Har Gar Tiranga Campaigns:

'Har Ghar Tiranga' is a campaign under the aegis of Azadi Ka Amrit Mahotsav to encourage people to bring the Tiranga home and to hoist it to mark the 75th year of India's independence. Our relationship with the flag has always been more formal and institutional than personal. Bringing the flag home collectively as a nation in the 75th year of independence thus becomes symbolic of not only an act of personal connection to the Tiranga but also an embodiment of our commitment to nation-building. The idea behind the initiative is to invoke the feeling of patriotism in the hearts of the people and to promote awareness about the Indian National Flag.

Continuing with their day's mission, the NSS team participated in the "Har Gar Tiranga" campaign, symbolizing the widespread display of the national flag. The team embarked on distributing flags to various households within the community. This initiative was designed to instill a sense of patriotism and unity among the residents. By encouraging households to proudly display the tricolor flag, the team aimed to evoke a collective spirit of national pride and identity.

Independence Day was joyously celebrated in collaboration NSS Units, marked a harmonious occasion of unity and patriotism. The participation of over 1000 students showcased their enthusiasm for the occasion. The event's theme, "Swachh Bharat," resonated with the nationwide cleanliness drive, emphasizing the importance of a clean and hygienic environment. The day's festivities included a variety of competitions, which saw active student involvement, leading to the distribution of more than 100 prizes. This initiative exemplified the NSS Cell's commitment to instilling a sense of responsibility and social consciousness among students while honoring India's freedom struggle on the historic date of August 15th.

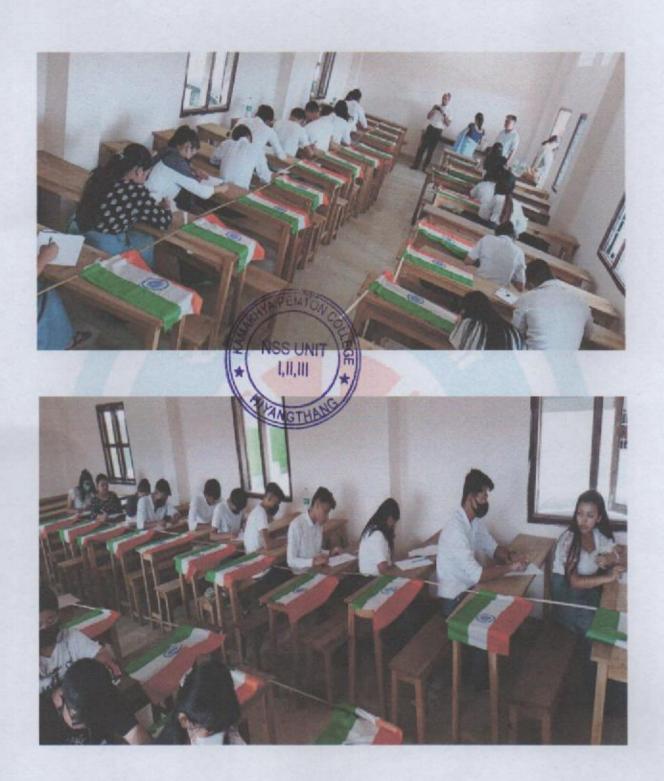




 KAMAKHYA PEMTON COLLEGE, HIYANGTHANG ORGANIZED SLOGAN WRITING COMPETITION ON THE THEME OF AZADI KA AMRIT MAHOTSAV AND HAR GHAR TIRANGA ON 12th AUGUST 2022



STUDENTS PARTICIPATED SLOGAN WRITING COMPETITION





A GROUP PHOTO SESSION OF NATIONAL FLAG MARCH INSIDE THE COLLEGE CAMPUS



Office of the Principal Kamakhya Pemton College, Hiyangthang Govt. Aided College

> Circular Notice Dated, the 9th August, 2022

Ref. no.04/4/2020-21/KPC/IQAC/06: It is hereby circulated to inform that our college is organising Slogan writing competition on the theme of Azadi Ka Amrit Mahotsav and Har Ohar Tiranga on 12th August 2022 at 11:30 am. So all the students who are willing to participate in the said competition are informed to submit their details to the IQAC on or before 11th August 2022 without fail.

> (Dr.W. Nimai Singh) Principal KP College, Hiyangthang

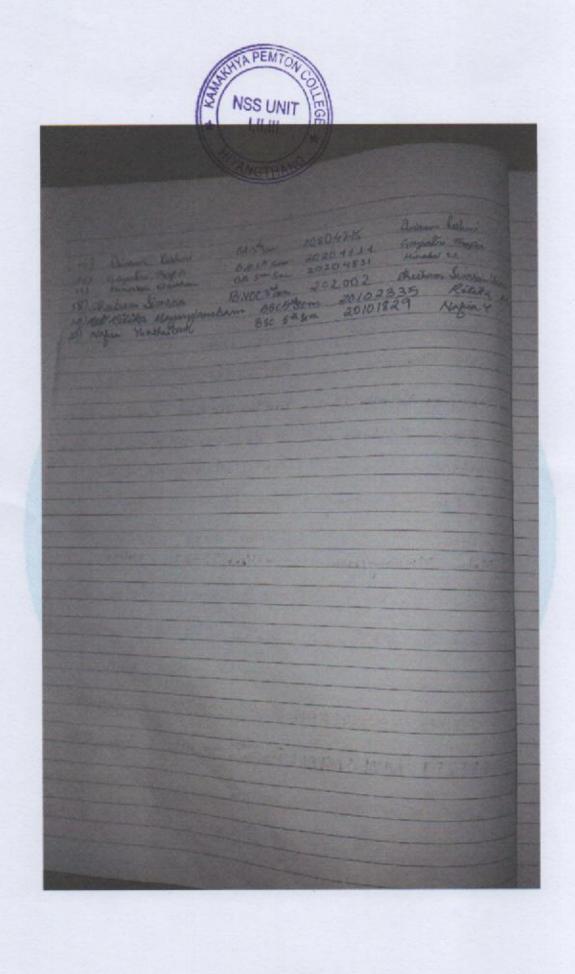
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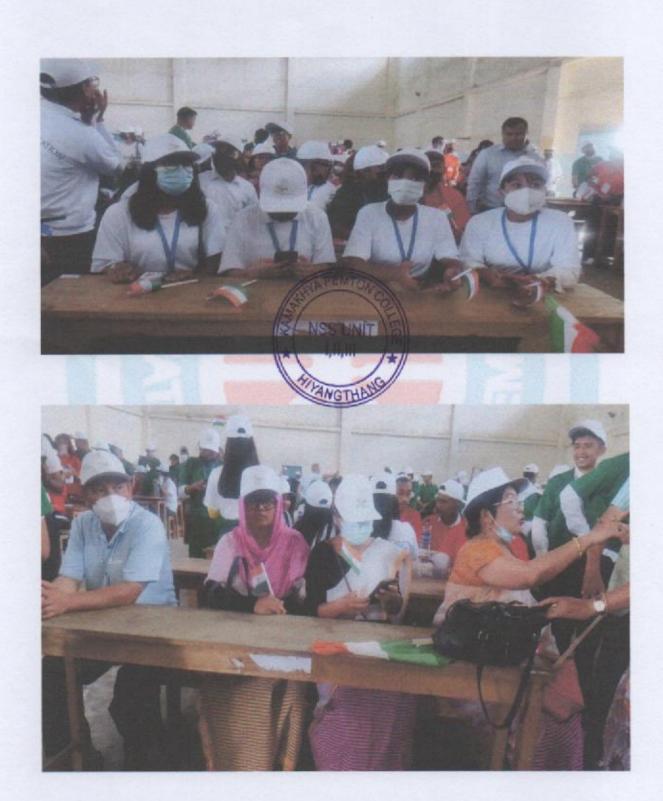
- All HODs
 Notice Board
- 3. Guard Files



The following elusients are participated in the Storgen whiting competition on the theme of Acadi ka Anvit Mahatsaw and Hear Cohar Tixange organized by IRAC on 12th Angult 2022 at 11:30 am at Mini Seminar half.

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ENVIRONMENT ENRICHMENT PROGRAMME

The NSS Units of the college displayed their commitment to environmental stewardship by organizing cleanliness, sanitation awareness, and proper waste management camp in and around Hiyangthang. This initiative aimed to raise awareness about the importance of maintaining clean public spaces. Students and volunteers collaborated to clean up the beach, collecting litter and debris. The event included an awareness campaign to educate attendees about responsible waste disposal and conservation. By taking part in this effort, participants demonstrated their dedication to making a positive impact on the environment. The event likely fostered a sense of community and responsibility among the volunteers. Through media and documentation, the initiative's message could reach a wider audience. Overall, the beach cleaning camp showcased a proactive



SWACHH BHARAT CAMPAIGNs AUGUST 2022

Following the village survey and interactions, the NSS team embarked on a village cleaning initiative. Understanding the significance of a clean environment in the larger "Swachh Bharat" movement, the team undertook the responsibility of cleaning the village surroundings. This action not only contributed to immediate visual improvements but also acted as a powerful demonstration of the community's commitment to maintaining cleanliness and hygiene. As part of the cleaning initiative, the team directed their efforts toward the school premises. The team diligently cleaned the school walls in preparation for an upcoming painting project. By taking on this task, the NSS members actively participated in enhancing the aesthetic appeal of the school environment. This initiative reflected a holistic approach to community improvement, addressing both practical cleanliness concerns and the visual aspect of the surroundings.

· Trees Plantation Drive/ Van Mahotsav

Kamakhya Pemton College NSS unit- I, II and III planted 22 fruit-bearing trees; including Mango, Jackfruit, Pear, Gooseberry, Star fruit, Tamarind, Pomelo, Autumn Olive, China Berry, Indian Jujube, Sumac and Guava in and around Hiyangthang area to emphasized their dedication to environmental conservation. This initiative aims to nurture the local ecosystem while providing nourishment to the community. The diverse tree species enhance biodiversity and contribute to air purification and soil enrichment. The program serves as an educational platform, fostering environmental awareness and sustainable practices. By choosing fruit-bearing trees, NSS Units not only enhances the campus's area aesthetic but also addresses critical ecological and nutritional needs. This effort underscores their commitment to a greener, more sustainable future.

Taking this theme forward the NSS Units of Kamakhya Pemton College, Hiyangthang observed the world Environment Day inside the campus and also a mass tree plantations' Drive at Heibok Ching Hillock along with the Eco-Club of Kamakhya Pemton College, Hiyangthang Manipur.





সি এমনা চীং কল্লবা ৱাফম থবক্তা ওস্থোকপা ওইনা ওজা অমদি মহৈরোয়শিংদা হৈবোক চীংদা উ চারা হৌখ্রে



টাচিং ষ্টাফশিং, মহৈরোয়শিং, প্রেমনা লাউট্ট্রাকখিবা অকোয়বদা খুন্দারিবা মীয়ামুসূ ইকো ক্লব অমনি এন এস ক্ষিত্ম অদু থবকা প্রেচাকপগী চীং অসিবু কনবদা মতেং এসকী যুনিট ১দগী ৩ ফাওবগী মনুং দুন্দি আমিনি।

ইম্ফাল, ওগন্ত ০৫ (পাদ্দম)ঃ ভোলন্টিয়রশিংনা শরক য়াখি। থৌরম অসিদা হৈবোক চীফ মিনিষ্টর এন বিরেননা ষ্টেট 📉 লৈবাক অসিনা নীংতশ্বা চীংগী তোভান তোভানবা অসিগী মরু ওইবা চীং কয়া চহী ৭৫ শুবগা মরী লৈননা মফমদা উ পান্ধী লীশিং করবগীর খল থকতা ওচ্ছোকপা পাঙ থোক্লিবা অজাদি অমা অমবোম থাখি। হায়রিবা ওইনা ঙসি হিয়াংথাংলা লৈবা অমৃট মহেটসভকা মরী লৈননা উ শিং অসি মপুং ফানা ক্মখ্যা পেমতোন, কোলেজগী পাঙ্থোকপাথৌরম অদুগামরী হিংহনবগী থৌদাং অসিস্ ওজা অমদি মহৈহরোয়শিংনা লৈননা কোলেজ অসিগী কোলেজ অসিনা লৌদ্না ছিয়াংগাংগী হৈবোক চীংদা উ প্রি জিপাল (ডাঃ দরিয়ু কায়পরক্লিবা মহৈবোক চারা কয়া থাবা হৌত্রে। - নিমাইনা হায়, ওসিগী থৌরম চীংগী শক্তম অসি অমুক হয়। উ থাবগী থৌরম অদুদা অসি মনিজুর্জী মত ওইবা শেমগংনবা হোৎনগনি। মরম কোলেজ অসিগী টীচিং, নন চী মিন্দি কিন্তু সি এম অসিনা চীং অসিগী



4/2022

DIRECTORATE OF UNIT OF HAND HIGHER EDUCATION

ORDERS

Impliel, the 27th fune, 2022

With reference to the Office of the Principal Chief Conservator of Forests & HoFF, Government of Manipur letter no. 9/3/2019/Forests dated 23 06 2022, it is notified that the students and teachers of the Government and Government Aided Colleges of Manipur shall take part in the mass tree glantation Programme on any day(s) from 1th July to 31th August, 2022. The colleges may fix 08.08.20222 to 12.08.2022 for the purpose as these 5 days have been scheduled for extension survices in the colleges as per this Directorate order of even no. dated 23 06 2022. 23 06 2022

2. The details of colleges, the places where tree plantation will take place and the number of tree saplings to be

District	81.	Name of Callege	Type	No. of appliage to be planted in and around college campus	No. of Sapling to be planted in Male hith	Name of Mole hill
	100	Imphal Cotlege, Imphal	Gevernment	200	1,000	Langling Hills
Implied West	2	Manipur Cullege	Government	200	1,000	Langing Hills
	3	N.O. College	Gevernment	1,000	1,000	Langing 1610s
	4	Oriental College (Autonomous)	Government	1,000	1,000	Langjing Hills
	3	D.M. College of Teather Education	Government	200	1,000	Langling Hills
		Hindi Teacher Training College	Covernment	200	1,000	Languing Hills
	2	Mayai Lambi College	Government	1,000	1,000	Heibok Ching
	8	Pravapati Callege	Government Aldeu	1,000	1,000	Helbok Ching
	0	Regional College	Government Aided	1,000	1,000	Heibok Ching
	10	T.5 Paul Manipur Women's College	Government Aided	200	1,000	Helbok Ching
	11	Kamakity's Pemton College	Government Aided	1,000	1,000	Helbok Ching
	12	Western College	Government Aided	1,000	1,000	Langling Hillis
Implial Kest	13	Liberal College	Government	1,000	1000	Chingkhu Ching
	14	Modern College	Government	1,000	1000	Chingkhu Ching
	15	M.B. College	Government	500	1000	Chingldus Ching
	16	Ideal Girls' College	Government	500	1000	Chingichu Ching
	17	Standard Cathego	Government	1,000	1000	Chingkhu Ching
	18	Naorem Birahari College	Coverement Aided	1,000	1000	Chingche Ching
	19	Birmango! College .	Government	300	1000	Chingkhu Ching
	20.	Shrue Shree Gourgobaid Girls College	Government Aided	500	1000	Chingkhu Ching
	21	NG Mani College	Government Aided	500	1000	Chingkhu Ching
	22	Lillong Hanreilti College	Government	1,000	1000	Suntu Ching
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NASHA MUKT BHARAT ABHIYAN 12th August, 2022





Over the years, amongst other evils, rampant narcotic and drug use has become a grave hindrance in building a strong nation. The government of India is thus committed to eliminate the menace of drugs through various programs, schemes and policies. One such ambitious initiative of the Ministry of Social Justice and Empowerment is the flagship Nasha Mukt Bharat Abhiyaan.

It aims to eliminate, prevent and treat people with drug use disorders and attain the goal of 'drug free' India. In our college NSS Units – I, II, III special focus of this observance in 2022 is to educate and eliminate the drug problem in the state of Manipur. We would also take you through the sincere efforts of the brilliant band of trained master volunteers, women groups and young patriots who are torching the flame of Nasha Mukt India. We once again take this opportunity to thank you for your support in attaining this venerated goal. Manipur has been working in a mission mode state from the very beginning of the Abhiyaan.

CSSS-1306(4)/2/2007-RW-RW

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Enclosed: As stated above

Visure feithfully Bignet by Bona Owen Date: 10-06-2032 10:12:30 (Dr. Sonia Owen) Deputy Secretary (SW)



Office of the Principal Kamakhya Pemton College, Hiyangthang Govt. Aided College

Circular Notice Dated, the 9th August, 2022

Ref. no.04/4/2020-21/KPC/IQAC/06. It is hereby circulated to inform that our college is organising Slogan writing competition and Nasha Mukt Abbiyan on the theme of Azadi Ku Amrit Mahotsuv and Har Ghar Tiranga on 12th August 2022 at 11:30 am. So all the students who are willing to participate in the said competition are informed to submit their details to the IQAC on or before 11th August 2022 without fail.

> (Dr.W. Nimai Singh) Principal KP College, Hiyangthang

Copy to:

- All HODs
 Notice Board
- 3. Guard Files

NASHA MUKT BHARAT ABHIYAN ON THE THEME OF 75th AZADI KA AMRIT MAHOTSAV AND HAR GHAR TIRANGA ON 12th AUGUST 2022





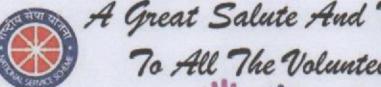


NSS OBSERVANCE DAY – 24/09/ 2022

National Service Scheme, also known as NSS, is an extension of activities for students pursuing higher education to increase their participation in community service, in addition to their curriculum. Each volunteer must complete 120 hours of social service in one academic year. September 24 is observed as NSS Day since 1969 and is marked across the nation with great enthusiasm. It is the day when this public service scheme was officially launched in India. NSS was launched on September 24, 1969, by Dr. V.K. R.V. Rao, the father of NSS and then Education Minister of India, in 37 universities. Covering all states of India, NSS had 40,000 volunteers at that time. NSS Day is a celebration to commemorate the tireless efforts of each volunteer towards the welfare of one and all.

OBSERVANCE OF NATIONAL SERVICE SCHEME (NSS) DAY 2022 AT MINI SEMINAR HALL KAMAKHYA PEMTON COLLEGE, HIYANGTHANG

A Great Salute And Thanks To All The Volunteers..



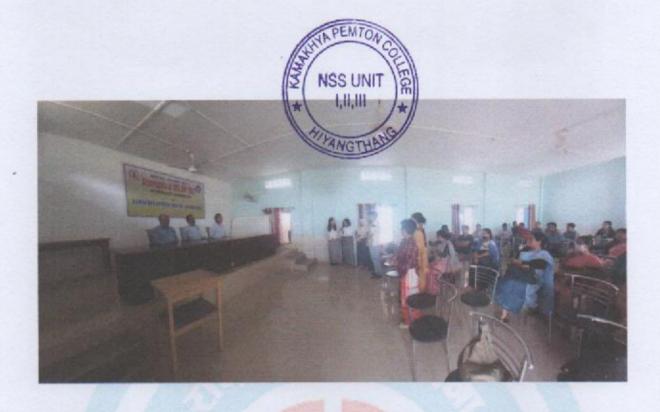


THE OBSERVANCE OF NSS DAY AS Dr. W. NIMAI SINGH PRINCIPA



OPENNING SONG BY THE STUDENTS ON THE DAY OF THE OBSERVANCE OF NSS DAY 2022





SPEECH OF OUTCOME FOR OBSERVANCE OF NSS DAY 2022 ON SATURDAY 24TH SEPTEMBER, 2022



NOTICE

Dated 23-09-2022

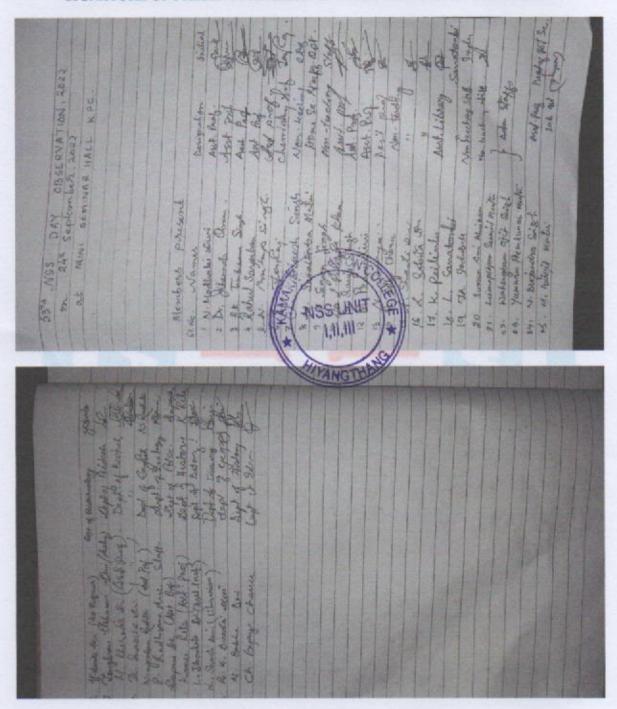
With the permission of the Principal KP. College Hiyangthang, It's hereby information to all the Teachings, Non – Teachings and Students to kindly present the Observation of NSS day 2022 to be held on 24th September 2022, Saturday at 12.30pm at Mini Seminar Hall, KP College.

NSS PO' KP College
Unit LIBIN

Ch. Bijayo Class



SIGNATURE OF PRESENT MEMBERS OF THE OBSERVANCE OF NSS DAY



NSS Special Camping Programme, 2021-22 Theme: Youth for Nation

Special Camping forms an integral part of National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community.

Special campings are organised generally on various developmental issues of national importance. In the past the themes of the Special Camping Programmes have been 'Youth against Famine', 'Youth against Dirt and Disease', 'Youth for Rural Reconstruction', 'Youth for Eco-Development' and 'Youth for Mass Literacy', 'Youth for National Integration & Social Harmony'. 'Youth for Sustainable Development with special focus on Watershed Management and Wasteland Development. For the period 2022-23 the NSS Special Camping Programme is based on the broad theme: Youth for Nation with 100 Volunteers actively participating in the special camp.













National Integration Camp Special Award:

The Department of Higher Education, Haryana organized a "National Integration Camp" at Kurukshetra University, Kurukshetra for one week from 25th July to 31st July, 2023. NSS volunteers from fifteen states including Haryana State participated in the National Camp. Our College NSS Unit-I volunteer Curie Koijam, B.A. 2nd Semester, Department of Manipuri participated in National Integration Camp. The camp was very useful for the NSS volunteers as all the volunteers developed unity, team spirit, physical fitness, discipline, patience, integration, cooperation through participating in various activities.



राष्ट्रीय एकता शिविर का चौथा दिन मनमोहक एवं शानदार रहा

NSS UNIT

कुरुक्षेत्र, 2 अगस्त (धमीजा) : कुरुक्षेत्र विश्वविद्यालय में निदेशक उच्चतर शिक्षा विभाग द्वारा प्रायोजित राष्ट्रीय सेवा योजना के राष्ट्रीय एकता शिविर का चौथे दिन मनमोहक एवं शानदार रहा। कार्यक्रम के प्रथम सत्र में डा. आनंद कुमार एन. एस. एस. कोऑर्डिनेटर कुरुक्षेत्र यूनिवर्सिटी ने एन. एस. एस. वॉलिंटियर्स को बताया कि एन. एस. एस. वॉलिंटियर्स राष्ट्र सेवा एवं समाज सेवा की प्रति भावना के पूर्ण रूप से समर्पित होकर राष्ट्र में सामाजिक चेतना की अलख जगाते हैं।

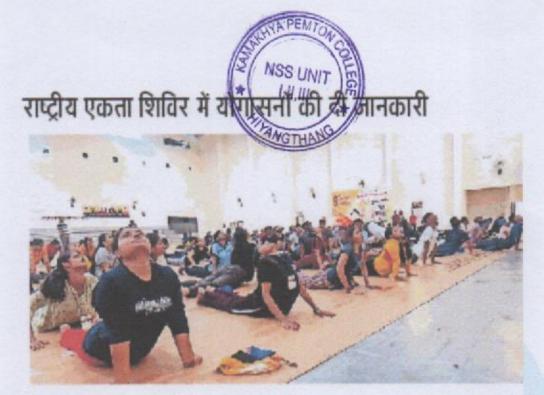
कार्यक्रम में विभिन्न प्रतियोगिताएं जैसे मोनो एक्टिंग, स्किट, वन एक्ट प्ले, नुक्कड़ नाटक करवाई गई। प्रत्येक प्रतियोगिता में विभिन्न राज्यों से आए हुए प्रतिभागियों ने अपनी प्रतिभागिता दर्ज करवाई तथा अलग-अलग विषयों पर मोनो एक्टिंग व नाटक के माध्यम से अपने विचारों को प्रस्तुत



एन.एस.एस. स्वयंसेवकों के साथ अतिथिगण।

किया। इस सत्र का थीम जातिवाद, सोशल मीडिया, बचपन की कहानियां, नशा मुक्ति, ट्रैफिक सिग्नल, बेटी बचाओ बेटी पढ़ाओ, फौजी की चिट्ठी, स्वच्छ भारत, इत्यादि रहा।

सांय कालीन सत्र में मुख्य अतिथि के रूप में केंद्रीय राज्य मंत्री उत्तर पूर्वी क्षेत्र विकास मंत्रालय एवं सहकारिता मंत्रालय भारत सरकार, बी.एल. वर्मा ने शिरकत की। उन्होंने एन.एस.एस. वॉलिंटियर्स को नोट मी बट यू के सिद्धांत पर राष्ट्रीय सेवा कार्य कर सामाजिक जागृति पैदा करने की सलाह दी।



योगा अभ्यास करते हुए साधक । 🏻 सौ. नागरण

जागरण संवाददाता, कुरुक्षेत्र : कुरुक्षेत्र विश्वविद्यालय में एनएसएस के राष्ट्रीय एकता शिविर में निदेशालय उच्चतर शिक्षा विभाग द्वारा प्रायोजित शिविर के तीसरे दिन का शुभारंभ योग व शारीरिक व्यायाम से हुआ। इस अवसर पर स्वयंसेवकों ने विभिन्न योगासनों के द्वारा मानसिक व शारीरिक रूप से स्वस्थ रखने के बारे में बताया। कार्यक्रम में मुख्य अतिथि के रूप में डां. डीपी भारद्वाज व विशिष्ट अतिथि के तौर पर श्याम कुशवाहा ने शिरकत की। डां. भारद्वाज ने कहा कि राष्ट्र सेवा में एनएसएस के सभी स्वयंसेवकों का बहुत बड़ा योगदान रहता है। श्याम कुशवाहा ने अपने व्याख्यान में विवेकानंद जी के जीवन से जुड़ी हुई अनेक कहानियां बताई। उन्होंने विद्यार्थियों को स्वामी विवेकानंद जी के जीवन से प्रेरणा लेने का आह्वान किया ताकि वो बहुमुखी प्रतिभा के धनी बन सके। इस मौके पर कार्यक्रम अधिकारी डा. संदीप, डा. वीर विकास, डा. अनुराधा, डा. संजय पटारी, जयभगवान, सुमित मलान, रविकात दीपक, तमन्ना, रितु, नरेश आदि मौजूद रहे।



Prof. Naorem Lokendra Singh, Honorable Vice-Chancellor Manipur University, Canchipur receiving and awarding Curie Koijam, NSS- I Volunteer, Kamakhya Pemton College, Hiyangthang on successful completion of the National Integration Camp, Kurukshetra.

132nd PATROITS' DAY CELEBRATION- 2023

Patriots' Day was observed across Manipur, both by the government and CSOs, in memory of the great souls, Thangal General and Bir Tikendrajit Singh, who sacrificed their lives in the Anglo Manipuri war of 1891 against the mighty British imperialism. The NSS Unit- I, II and III of the College observed the Patriots' Day with the theme "Remembering the fallen Heroes of Anglo Manipur War". Speaking at the occasion, Chief Guest Dr. Wahengbam Nimai Singh, Principal, Kamakhya Pemton College, Hiyangthang stated that Patriots Day is also commemorated all across the state due to the effort and sacrifice made by Thangal General and Bir Tikendrajit Singh against the colonial authority. In remembrances of the heroes, he appealed to the gathering volunteers and teachers to renew vows of defending the country and protecting the sovereignty and integrity of the Nation. The programme began with wreath laying and floral tribute to the photos of Thangal General and Bir Tikendrajit, Floral tributes were paid to Bir Tikendrajit and General Thangal, who were martyred in the hands of the British during the Anglo-Manipuri War of 1891. Patriots' Day has been observed in remembrance of fallen heroes of Manipur, who were killed in the way War of 1891.







INDEPENDENCE DAY 2023

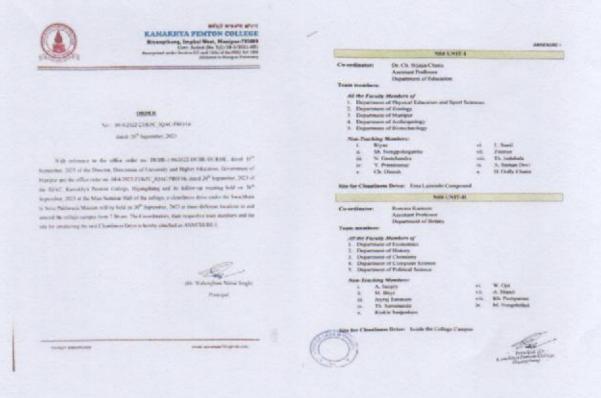
Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. This celebration in Kamakhya Pemton College with NSS Units I, II and III was dedicate to the people of India who have not only been instrumental in bringing India thus far in its evolutionary journey but also hold within them the power and potential to enable Prime Minister Narendra Modi's vision of activating India 2.0, fuelled by the spirit of *Aatmanirbhar Bharat*. The official journey of Azadi Ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023. Following are the five themes of Azadi Ka Amrit Mahotsav.





One Day Cleanliness Drive Swachhata hi Seva Pakhwada, 30th September, 2023

Swachhata Hi Seva (SHS) campaign is being celebrated from 15th September to 2nd October this year under the joint aegis of DDWS & MoHUA for undertaking shramdaan activities aiming to generate Jan andolan through community participation; to provide impetus on implementation of SBM; to disseminate the importance of a sampoorna swachh village; to reinforce the concept of Sanitation as everyone's business; and as a prelude for the Swachh Bharat Diwas (2nd October) with nationwide participation. Theme of SHS-2023 is 'Garbage Free India' with focus on visual cleanliness and welfare of SafaiMitras. Like earlier years the spirit of cleanliness activities is voluntarism/ shramdaan. The focus of these swachhata drives would be on high footfall public places like bus stands, railway stations, cantonment boards, beaches, tourist places, zoos, national parks & sanctuaries, historical monuments, heritage sites, river fronts, ghats, drains and nallahs etc. in both rural & urban areas of State/UT. With these key ideas in mind, the NSS units of Kamakhya Pemton College, Hiyangthang undertook cleaning and sanitation drive in Ema Lairembi Temple Compound, Hiyangthang, College campus and outside the college Campus. For the said activities, Directorate of University and Higher Education, Government of Manipur directed all the Government colleges of Manipur to participate in Swachhata Hi Seva Pakhwada from 15th September to 2nd October. 2023 by conducting cleanliness drives, shramdaan drives, pledge taking programmes, quiz/painting competitions and other activities for respective colleges.



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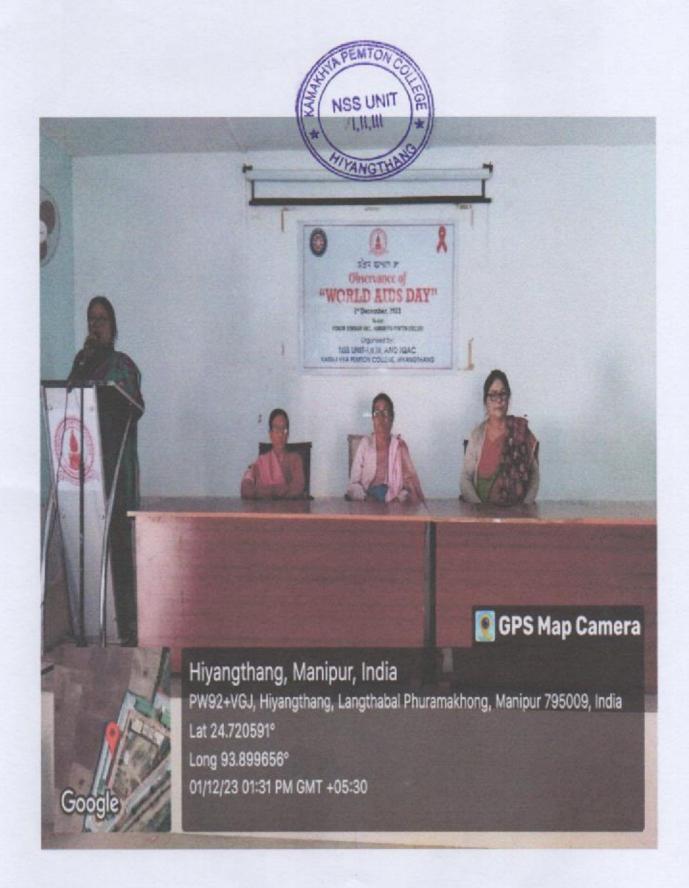


World AIDS Day 1st December, 2023 Theme: - Let Communities Lead

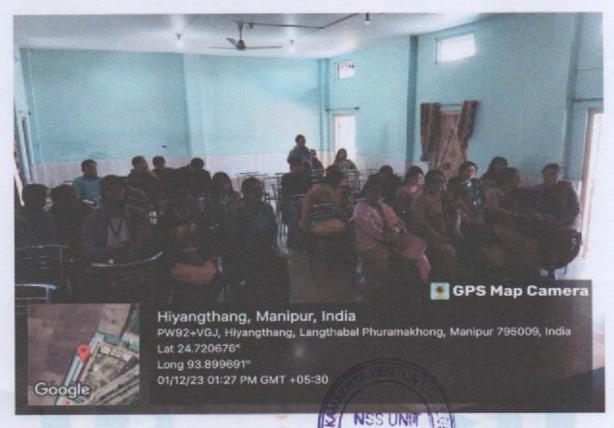
World AIDS Day is a globally commemorated healthcare event observed every year on the 1st of December for the past 33 years (since 1988). On this day, various awareness campaigns and activities that promote the disease awareness are conducted by several organizations' across the world, unite to show solidarity for people living with HIV (human immunodeficiency virus), reminisced those who have died from an AIDS-related disease, and rally against the spread of the virus. The activities mainly focused on raising awareness about the status of the pandemic and encouraging progress in HIV / AIDS (acquired immunodeficiency syndrome) prevention, treatment, and care around the world.

On this occasion, NSS Unit- II Programme Officer Dr. Romina Kamson highlighted the need for AIDS awareness day is essential as HIV infection is currently incurable, but one can control it with good quality education about the disease, especially in rural areas. It was once an unmanageable chronic health condition, but now, with advances in HIV prevention, diagnosis, manages, and care including for opportunistic infections, people with HIV can live long and healthy lives.

In India, in the year 2019, 58.96 thousand AIDS-related deaths and 69.22 thousand new HIV infections were reported. In the presidential address, Dr Wahengbam Nimai Principal, Kamakhya Pemton College, addresses the volunteers and staff about this year 2023, the World AIDS Day theme "LET COMMUNITIES LEAD!". He further postulated, the centrality of the theme emphasizes the influence of communities on the HIV response and global health.









CLEANING OF WATER BODIES IN AND AROUND CAMPUS – 08/12/23

This program was organized by NSS three Units in connection with the celebration of Gandhi Jayanti. The pond was cleaned and restored to its original glory from barren with extensive weed infestation, due to invasive crops like parthenium and others. The volunteers were guided by Dr. Chakpram Bijaya Chanu, Dr. Romina Kamson Rongmei and Laishram Priyobati Devi the respective NSS Program Officer of Units I, II and III. These collaborative efforts underscored the importance of keeping accessible small scale water bodies' its care and preventive practices to keep the water clean. Through partnerships, the institute reaffirmed its commitment to holistic community welfare.

The NSS Units of Kamakhya Pemton College, Hiyangthang began with a series of productive activities aimed at community engagement and improvement. The day commenced with a comprehensive village survey to establish a baseline understanding of the local environment and needs. Additionally, plans for upcoming medical camps were introduced to the villagers, fostering a sense of anticipation and participation.

The NSS team's concerted efforts to improve the infrastructure, cleaning and painting activities were undertaken to rejuvenate the school's premises. By investing time and effort in sprucing up the college campus environment and its ecosystem, the NSS team aimed to create a more vibrant and conducive space for the young learners. This initiative not only contributed to the aesthetics of the campus but also reflected the team's commitment to nurturing a positive learning environment.



